

# The Adventures of Carbo Man

## Adidas Response Cushion

I was provided with this pair as part of the adidas Seeding Program. Since the provided size was smaller, I couldn't evaluate nor comment in greater detail. The shoe has been since gifted to my brother.

### **Feel and Fit**

Snug feel to the shoe. The collar was snug, but since the size was wrong, the forefoot was rather narrow. Despite the unusual midsole configuration, the shoe felt balanced.

### **Cushioning**

Soft forefoot courtesy of blown rubber used but the heel was rather firm - that part soften a bit after breaking in.



### **Ventilation**

Air flow was good. I don't remember encountering any hotspots during my runs.

### **Traction**

I had no problems running on grass, road, bricked surfaces in dry and wet conditions throughout my testing. The outsole held up well with no slippages encountered.

### **Durability**

My experiences with the shoe were for short runs as I'm unable to log in high mileage on the shoe due to sizing differences. But the outsole saw reasonably good wear and tear.

### **Break-in Period**

About 100Km of breaking period is required for this shoe. Out of the box, the heel cushioning felt a bit firm but it soften a bit over the break-in period.

### **Conclusion**

This shoe provides good value for beginners and entry level casual joggers. For serious mileage work, the Supernova series (which I will review separately) would be ideal.

